

PE Curriculum map 2025-2026



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Introduction to PE	Fundamental Movement	Ball Skills	Gymnastics	Dance	Games
Links to Development Matters Objectives (EYFS)						
Nursery (3+4 year olds will be learning to...)	<p>Pupils should continue to develop their movement, balancing, Riding, and ball skills.</p> <p>To use large-muscle movements.</p>	<p>Pupils should develop their movement and balance.</p> <p>To skip, hop, stand on one leg and hold a pose.</p>	<p>Pupils should kick, throw, and catch balls.</p> <p>To develop their ball skills.</p>	<p>Pupils should develop their movement and balance.</p> <p>To climb up apparatus.</p> <p>To hold a pose.</p> <p>To be able to use and remember sequences and patterns.</p> <p>To match their developing physical skills to tasks and activities.</p>	<p>Pupils should develop their movement and balance.</p> <p>To use large-muscle movements.</p> <p>To be able to use and remember sequences and patterns of music that are related to music and rhythm.</p>	<p>Increasingly follow rules + know why they are important.</p>
Reception (Children in Reception will be learning to...)	<p>Pupils should develop the overall body strength, co-ordination, balance and agility needed to engage successfully with future physical education sessions.</p> <p>To develop overall body-strength, balance, co-ordination and agility.</p>	<p>Pupils should revise and refine the fundamental movement skills they have already acquired such as rolling, crawling, walking, jumping, running, hopping, skipping, and climbing.</p> <p>To develop overall body strength, balance, coordination, and agility.</p>	<p>To develop coordination.</p> <p>To further develop and refine a range of ball skills including: throwing, catching, kicking, passing, batting, and aiming.</p> <p>To develop confidence, competence, precision, and accuracy when engaging in activities that involve a ball.</p>	<p>Pupils should progress towards a more fluent style of moving, with developing control and grace.</p> <p>To develop body-strength, balance, coordination, and agility.</p> <p>To combine different movements with ease and fluency.</p> <p>To confidently and safely use a range of large and small apparatus.</p> <p>To listen attentively, move to and talk about music, expressing their feelings and responses.</p> <p>To watch and talk about dance and performance art, expressing their feelings and responses.</p> <p>To explore and engage in music making and dance, performing solo or in groups.</p>	<p>To develop overall body strength, balance, coordination, and agility.</p> <p>To explain the reasons for rules, know right from wrong and try to behave accordingly.</p> <p>To work and play cooperatively and take turns with others.</p>	

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Year 1	Fundamental Movement	Invasion Games	Gymnastics	Dance	Sending and Receiving	Striking and Fielding
Links to National Curriculum Objectives (KS1)						
	Pupils should develop fundamental movement skills, become competent and confident and access a broad range of opportunities to extend their agility, balance and coordination. They should master basic movements including running + jumping whilst developing agility and co-ordination.	Pupils should be able to engage in competitive and co-operative physical activities in a range of increasingly challenging situations. They should participate in team games, developing simple tactics for attacking and defending.	<p>Pupils should use and demonstrate simple movement patterns.</p> <p>Pupils should develop balance, agility and co-ordination.</p>	<p>Pupils should perform dances using simple movement patterns.</p> <p>Pupils should develop balance, agility and co-ordination.</p>	<p>Pupils should master basic movements including throwing and catching, as well as developing co-ordination.</p> <p>They should participate in team games, developing simple tactics for attacking and defending (Football, dodgeball).</p>	<p>Pupils should master basic movements including throwing and catching, as well as developing co-ordination. They should be able to engage in competitive and co-operative physical activities, in a range of increasingly challenging situations.</p>
Year 2	Fundamental Movement	Gymnastics	Swimming	Dance	Invasion Games	Sending and Receiving
Links to National Curriculum Objectives (KS1)						
	Pupils should develop fundamental movement skills, become competent and confident, and access a broad range of opportunities to extend their agility, balance and coordination. They should master basic movements including running + jumping whilst developing agility and co-ordination.	<p>Pupils should use and demonstrate simple movement patterns.</p> <p>Pupils should develop balance, agility, and co-ordination.</p>	<p>Pupils should be taught to swim competently, confidently, and proficiently. To use a range of strokes effectively.</p> <p>To perform safe self-rescue in different water-based situations.</p>	<p>Pupils should perform dances using simple movement patterns.</p> <p>Pupils should develop balance, agility, and co-ordination.</p>	<p>Pupils should be able to engage in competitive and co-operative physical activities in a range of increasingly challenging situations. They should participate in team games, developing simple tactics for attacking and defending.</p>	<p>Pupils should master basic movements including throwing and catching, as well as developing co-ordination.</p> <p>They should participate in team games, developing simple tactics for attacking and defending (Football, dodgeball).</p>